

# **Table of Contents**

| FOREWORD/DRUM KEY                             | •••••  | .4          |
|---|--------|-------------|
| GIL SHARONE                                   | •••••  | .5          |
| INTRODUCTION                                  | •••••• | <b>.</b> 6  |
| NYABINGI (NYABINGHI)                          | •••••  | .7          |
| The Foundation                                | 8      |             |
| Classic Nyabingi Patterns (Nyabingi Ensemble) |        |             |
| JAMAICAN BOOGIE                               | •••••  | .13         |
| BURRU   | •••••  | <b>.</b> 15 |
| Burru Variation 1                             | 16     |             |
| Burru Variation 2                             | 17     |             |
| SNARE DRUM APPROACH                           | •••••• | .18         |
| Burru Ad Lib Transcriptions                   | 20     |             |
| SKA   | •••••  | <b>.</b> 23 |
| Ska Ad Lib Variations                         | 28     |             |
| "COMIN HOME BABY" TRACK                       |        | .38         |
| ROCKSTEADY                                    | •••••  | <b>.</b> 39 |
| Rocksteady Variation                          |        |             |
| Rocksteady Drum Fills                         | 48     |             |
| ROCKSTEADY TRACKS                             |        | <b>.</b> 50 |
| REGGAE  | •••••  | <b>.</b> 51 |
| ONE DROP                                      |        |             |
| 13 ESSENTIAL HI-HAT PATTERNS                  | •••••  | <b>.</b> 54 |
| Carlton "Carly" Barrett of The Wailers        | 60     |             |
| ONE DROP FEEL VARIATION                       |        |             |
| J5 BINGI TRACK                                |        |             |
| STEPPERS                                      |        | 66          |
| 13 ESSENTIAL HI-HAT PATTERNS (STEPPERS)       |        |             |
|   |        |             |
| Steppers Variations                           | 70     |             |



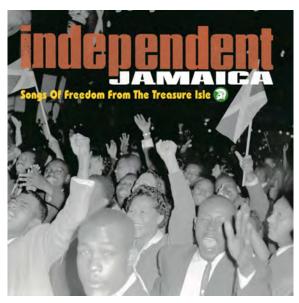
| "UNITE" TRACK                          | 76  |
|--|-----|
| ROCKERS                                | 77  |
| 13 ESSENTIAL HI-HAT PATTERNS (ROCKERS) | 79  |
| Rockers Variations                     |     |
| "ICE CREAM SUNDAY" TRACK               | 86  |
| REGGAE BEATS AS EXERCISES              | 87  |
| "NATURAL INSTINCT" TRACK               | 91  |
| DANCEHALL                              |     |
| "THE PUNNANY RIDDIM" TRACK             | 95  |
| 2-TONE                                 | 96  |
| 3RD WAVE                               | 99  |
| DUB                                    | 104 |
| HIP-HOP/REGGAE BEATS                   | 109 |
| HIP-HOP/NYABINGI BEATS                 | 110 |
| REGGAE-INFLUENCED DRUM'N'BASS TRACK    | 111 |
| "ON THE CORNER" TRACK                  | 112 |
| WORDS OF ADVICE/FINAL THOUGHTS         | 113 |
| Getting the Right Sound                | 114 |
| Reggae Sound                           | 115 |
| RECOMMENDED DISCOGRAPHY                | 116 |
| CREDITS                                | 118 |
| AROUT THE VIDEO/ACKNOW! EDGEMENTS      | 110 |

This book is dedicated to my grandmother, "Mom." 1921-2016.



## SKA

At the time of its independence, achieved in August of 1962, Jamaica was consciously searching for a new type of music to call her own. The result was ska.





The original ska rhythm was an infectious double-time shuffle beat that married the earlier mento with R&B, placing the accent on the second and fourth beats, wrapped around the blues framework.







THE SKATALITES -- C. 1964

KHOWN LLOYD KNIBBS ROLAND ALPHONSO UNKNOWN JACKIE MITTOO PIANO
JOHNNIE MOORE LESTER STERLING LLOYD BREVETT TOMMY MCCOOK UNKNOWN ALTO SAX

JOHNNIE MOORE LESTER STERLING LLOYD BREVETT TOMMY MCCOOK GUITAR

TRUMPET



## Ska

In the early 1960s the beat of the Jamaican shuffle was turned around and a new beat was born. This was a new sound and pulse for the people to dance to, and the feel is key.



The first time I heard the traditional ska beat I was hooked. It was unlike any feel I've heard before and I loved it. I was instantly moved by the feel of the upbeat pulse and heavy bass line against the strong backbeat and swish of the open and closed hi-hat pulse.

Lloyd Knibb told me a story of how he was in the studio with legendary Jamaican Producer Clement "Sir Coxsone" Dodd of Studio One and Coxsone was looking for a new feel that was unique to Jamaica. Lloyd was messing around with various ideas and the SKA beat was born.

Ex. 7 - Standard Ska Beat #1

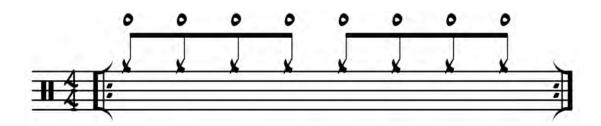


Let' break down this groove for you so you can understand what's happening with the mechanics of it.

What will make this sound correct is the feel. Let's break this down as a two-and-four backbeat, like we talked about with the Jamaican boogie variation. Below we have 2 and 4 on a cross-stick with the bass drum.

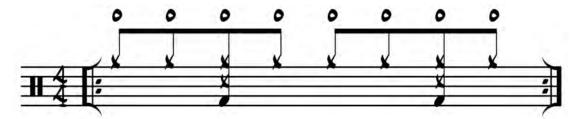


Now we're going to play the hi-hat open and just play straight eighth notes:

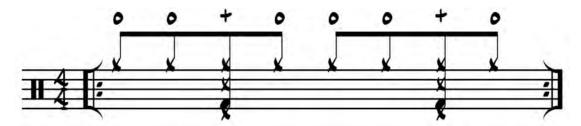




Put it all together:

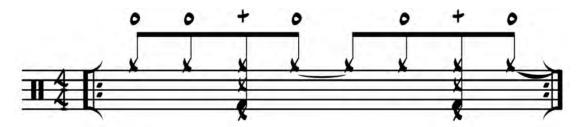


Now, here comes the ska element. We're going to step on the hi-hat pedal on beats 2 and 4:



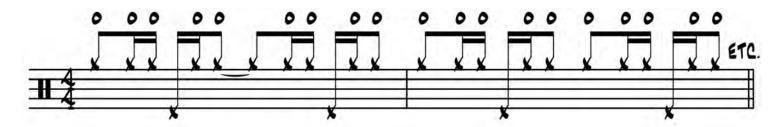
What I'm going to add next are the subtleties of that straight/swung kind of feel that we talked about earlier, because what I want to do is "swish" the hi-hat on the "ah" of 2 and 4. This creates a nice motion:

Ex. 8 - Standard Ska Beat #2



One signature trait of traditional ska is riding the bell of the hi-hat:

Ex. 9 - Riding the Bell

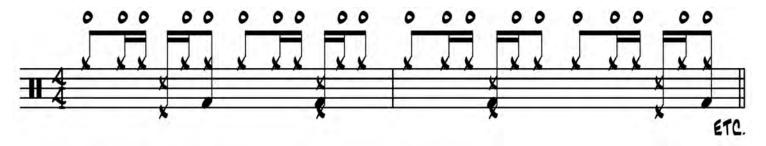




# Ska

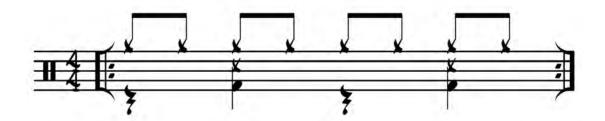
Playing that in the ska groove sounds like this:

Ex. 10 - Riding the Bell over Ska Groove



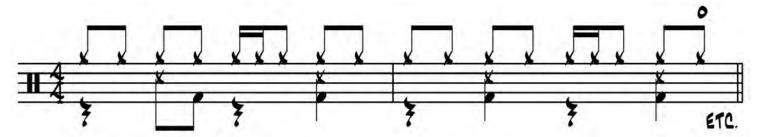
You can also play the ska feel with a tight hi-hat eighth-note pulse:

### Ex. 11 - Closed Hi-Hat Variation #1

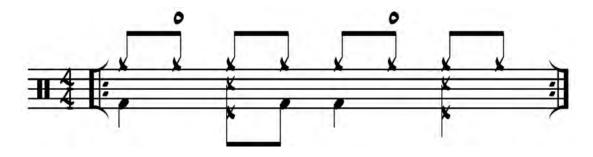


### Ex. 12 - Closed Hi-Hat Variation #2

I call this the Jump with Joey beat because this was their drummer Willie McNeil's signature beat.



### Ex. 13 - Closed Hi-Hat Variation #3





# Ska

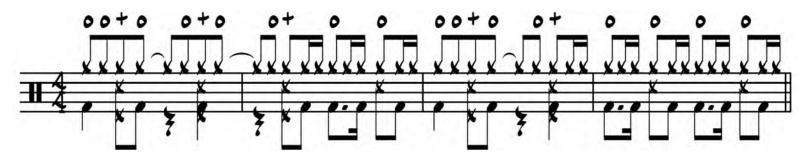
#### **Closed Hi-Hat Variation #4**



#### Ex. 14 - Latin Variation on Ska Beat

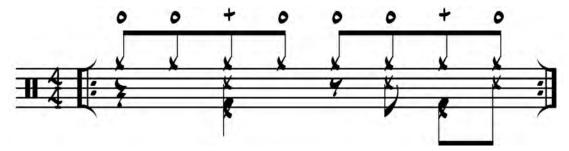
This is more of a Latin variation that you can incorporate into the swing of the ska feel.

I call this pattern the Jazz Jamaica variation because their drummer Kenrick Rowe was the first player I heard play this variation in a ska setting.



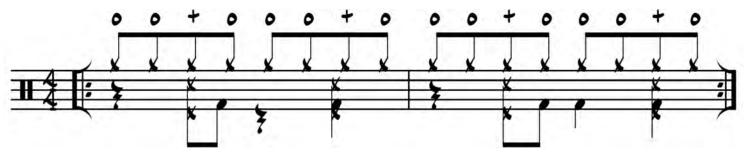
#### Ex. 15 - Variation on Standard Ska Beat

You can hear Lloyd Knibb playing this variation on Bob Marley & The Wailers song "How Many Times (Do You Remember)" from 1965.



#### Ex. 16 - Ska Beat with Bass Drum Variation

This is very common and groovy bass drum variation, especially when it locks with the bass line.





# **Ska Ad Lib Variations**

Now I'm going to play some ska time variations with different fills, from basic setups to more elaborate rolls around the kit. Again, these are highly influenced by Lloyd Knibb.

These variations are food for thought to show other examples of where to place accents and fills.



# **Ska Ad Lib Variations**

= 133

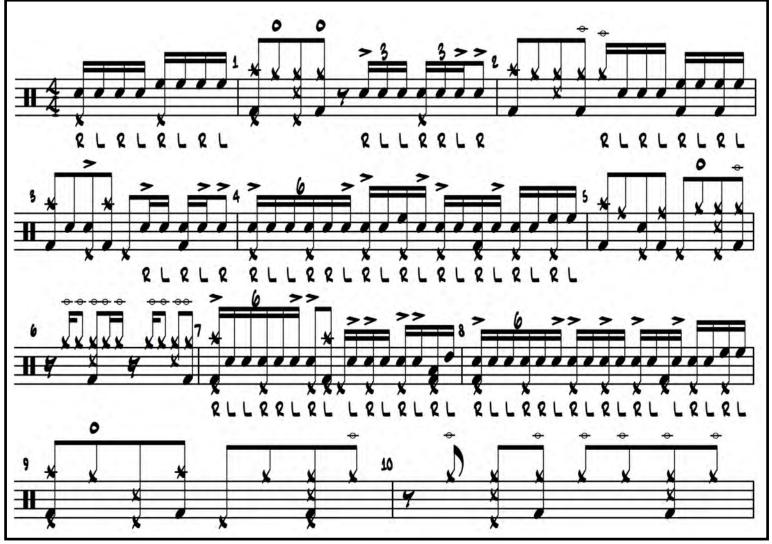
### **Ska Variation Ad Lib #2**



# **Ska Ad Lib Variations**

= 135

### **Ska Variation Ad Lib #3**





Clement "Sir Coxsone" Dodd of Studio One



## HIP-HOP/REGGAE BEATS

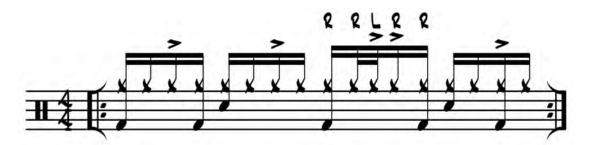
Now I want to talk about some of the beats that can cross over from the reggae feel into the hip-hop realm.

Hip-hop is highly influenced from the Jamaican culture, not only reggae, but the sound system culture in general, including toasting and DJs, which gave birth to the MC in hip-hop.

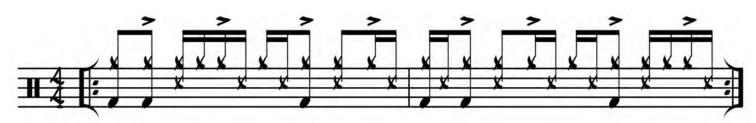
### **Hip-Hop/Reggae Variation #1**



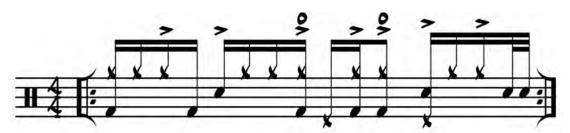
### **Hip-Hop/Reggae Variation #2**



### **Hip-Hop/Reggae Variation #3**

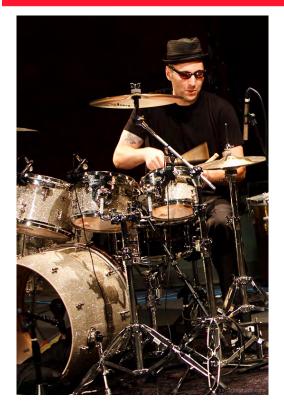


## **Hip-Hop/Reggae Variation #4**





## REGGAE-INFLUENCED DRUM' N' BASS GROOVE TRACK

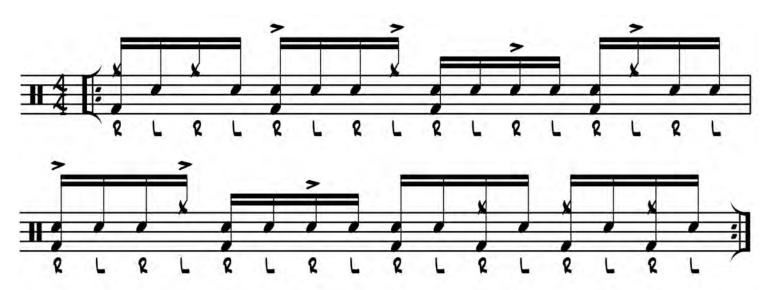


This track was something that Phil had programmed and had layers of screaming guitars and heavy bass on it. We played a stripped down version of it on the DVD so people can see that even though the drum beat is a double time feel, the bass line is still rooted in reggae.

I can easily drop into a reggae feel during this track and it would fit. I always recommend for players to expand their vocabulary and musical range. Learn as many styles as you can as long as they feel good.



### **Solo Groove**



# "ON THE CORNER" TRACK

"On The Corner" is another ska tune, but played with a more modern feel. On the DVD you will notice I'm not using my vintage drumset but the more modern reggae set up. You'll find all the familiar phrases we went over in the ska chapter. I'm still doing classic set-ups, riding the bell of the hi-hat, and locking in with the bass line.



