

U l t i m a t e **REALISTIC ROCK**

by CARMINE APPICE



This new edition is dedicated to my mother, Mary N. Appice

Original oil painting of cover design: Arlene Lawin

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FOREWORD

Welcome to the ULTIMATE REALISTIC ROCK DRUM METHOD! I have added many new exercises and applications to this edition that will make it the most complete rock book ever!

There are now two CDs for you to listen to the grooves and exercises and play along with.

Odd time signatures will no longer be a challenge. The 7/8 and 9/8 sections will have you playing them as easily as 4/4.

The combinations (hand and foot) section will explore more double bass (double pedal) patterns using your China cymbals in a variety of musical situations.

The play-along songs have been recorded without drums so that you can now practice and apply your favorite *Realistic Rock* patterns.

I have added more albums on my discography and updated my endorsements for you to see.

All of this, along with all of the classic exercises from the original *Realistic Rock* book and the updates, creates an exciting new dimension for you to learn how to play rock drums!

Now you can become one of the many great drummers who have gone through *Realistic Rock*—drummers like Dave Weckl, Greg Bissonette, and Vinny Appice, just to name a few.

I hope this book continues to help drummers of all ages around the world just like the original book has done in the past. Now let's ROCK!

A handwritten signature in black ink, reading "Vinny Appice". The signature is written in a cursive, flowing style. The first name "Vinny" is written in a large, rounded script, and the last name "Appice" is written in a more upright, but still cursive, style. There is a small flourish above the end of the last name.

5.

Eighth Notes

(>) = Emphasize (play louder) notes with this mark.

6.

7.

8.

9.

Part 3

Accented Bass Drum

In this exercise, accent the bass drum by playing on the "&" of the beat. This kind of accent is called an "off" kick.



1.
Cym
SD
BD

Musical notation for system 1. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5. BD: quarter notes G3, A3, B3, C4. Repeat sign with three percentage symbols.

2.
Cym
SD
BD

Musical notation for system 2. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5 with accents. BD: quarter notes G3, A3, B3, C4 with accents. Repeat sign with three percentage symbols.

3.
Cym
SD
BD

Musical notation for system 3. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5 with accents. BD: quarter notes G3, A3, B3, C4 with accents. Repeat sign with three percentage symbols.

4.
Cym
SD
BD

Musical notation for system 4. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5 with accents. BD: quarter notes G3, A3, B3, C4 with accents. Repeat sign with three percentage symbols.

5.
Cym
SD
BD

Musical notation for system 5. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5 with accents. BD: quarter notes G3, A3, B3, C4 with accents. Repeat sign with three percentage symbols.

6.
Cym
SD
BD

Musical notation for system 6. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5 with accents. BD: quarter notes G3, A3, B3, C4 with accents. Repeat sign with three percentage symbols.

7.
Cym
SD
BD

Musical notation for system 7. Cym: rhythmic pattern of 8 eighth notes. SD: quarter notes G4, A4, B4, C5 with accents. BD: quarter notes G3, A3, B3, C4 with accents. Repeat sign with three percentage symbols.