

Kangarudiments

Rudiment lists And Etudes/Solos For Snare Drum.

Art Bernstein

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TABLE OF CONTENTS

Kangarudiments

Table Of Contents.

Table Of Contents	03
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Acknowledgements, Credits, About The Solos/Etudes And About The Videos.

Credits	04
About Art Bernstein	05
About Caleb Davis	06
About The Solos/Etudes	07
About The Video Content In This Book	08

Rudiments And Snare Solos. Section 1.

Warm Ups A. One page total.	09
Rudiments List 1. One page total.	10
Snare Solo 1. Two pages total.	11
Snare Solo 1a. Alternate Solo 1. Three pages total.	13

Rudiments And Snare Solo. Section 2.

Rudiments List 2. Two pages total.	17
Snare Solo 2. Three pages total.	19

Rudiments And Snare Solo. Section 3.

Rudiments List 3. Three pages total.	22
Snare Solo 3. Three pages total.	25

Rudiments And Snare Solo. Section 4.

Rudiments List 4. Three pages total.	28
Snare Solo 4. Three pages total.	31

Additional Books Available.

Additional Books available.	34
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About Art Bernstein.

Art has been playing drums for more than 30 years and has been teaching for over 25 years. Art has provided educational material to Drumhead Magazine for over a decade, starting with Issue 5 in September 2007, writing lessons for the department “Drum U” and contributing to the department “Play With the Pros,” in print, on CD and with video lessons for Drumhead Magazine’s digital edition, information available at www.drumheadmag.com.

Art has contributed several songs to the play-along series available on the Vic Firth Drumsticks website, including “Minor Natural”, “Fridge”, “Full Count” and “Don’t Leave Home Without It” from the CDs “Gears” and “Under The Hood” by Art Bernstein and Chuck D’Aloia (ABCD) and from the CD “Brown Note presents music by Chuck D’Aloia and Art Bernstein”.

As a performer and session artist, Art’s versatility behind the kit has afforded him the opportunity to perform and record within the genres of rock, funk, blues, pop, metal, folk, jazz, fusion, latin and country with regional and national acts and for musical theater. Art has well over 40 CDs to his credit, including collaborations with guitarist Chuck D’Aloia, “Circle 7” “Gears”, “Under the Hood”, “Christmastime is Gears” and “Brown Note presents music by Chuck D’Aloia and Art Bernstein”.

From his private teaching studio in upstate New York, Art is honored and inspired to have the opportunity to teach students of all ages and all levels of ability, from the absolute beginner to advanced students. His student’s achievements have ranged from coveted positions with the “Empire State Youth Orchestra’s Percussion Ensembles/Orchestras and competitive school district ensembles, including all-county, all-district, all-state and college ensembles, to international tours with bands of their own.

During its 2005-2006 season, The Empire State Youth Orchestra's Youth Percussion Ensemble featured Art's composition "Luna's Lunch, a 2 Drumset Solo," performed by two of his students. Art has written books on drumset and snare. He is a Drummers Collective NYC Alumnus, and is proud to endorse [Audix Microphones](#), [Ayotte Drums](#), [Sabian Cymbals](#), [Latin Percussion](#) and [Vic Firth Sticks](#). More information on session availability, CDs, clinics, performances, student achievements and Art's teaching studio is available at www.artbernstein.com.



About The Solos/Etudes

And alternate stickings for portions of Solo Number 2 and Solo Number 4

Solo Number 1 and Solo Number 1A focus on the following rudiments:

Long Roll (Double Stroke Roll), Paradiddle, 5 Stroke Roll, 9 Stroke Roll, Flam, Drag (Ruff) & Flam Tap.

Solo Number 2 contains and focuses the following rudiments:

Solo # 2 contains many of the same rudiments as Solo # 1 and Solo # 1a with the addition of the Six Stroke Roll, Seven Stroke Roll, Thirteen Stroke Roll, Seventeen Stroke Roll, Single Drag Tap, Single Ratamacue, Lesson 25, Flam Accent # 1, Flamacue, Flam Paradiddle and Double Paradiddle.

Stickings and alternate stickings for Solo Number 2, measures 1-4 Below.

Snare Drum

f 1 1 R L r r L R llrllrr L R r r L R 1 1 R L rrlrrll R
 1 1 R L r r L R llrllrr L L r r L R 1 1 R L rrlrrll R

S. D.

1 1 R L r r L R llrllrr L R r r L R 1 1 R L rrlrrll R
 1 1 R L r r L R llrllrr L L r r L R 1 1 R L rrlrrll R

Solo Number 3 contains and focuses the following rudiments:

5 Stroke Roll, Fifteen Stroke Roll, Ten Stroke Roll, Eleven Stroke Roll, Double Drag Tap, Double Ratamacue, Triple Ratamacue, Drag Paradiddle # 1, Drag Paradiddle # 2, Flam Paradiddlediddle, Multiple Bounce Roll (Press Roll), Four Stroke Ruff (Orchestral), and Single Stroke Four, with very brief appearances of the Double Paradiddle, Nine Stroke Roll, Thirteen Stroke Roll and Flam accent # 1.

Solo Number 4 contains and focuses the following rudiments:

Seven Stroke Roll, Single Flammed Mill, Triple Stroke Roll, Swiss Army Triplet, Single Stroke 7, Paradiddle-diddle, Flam Accent # 1, Flam Accent # 2, Flam Drag, Inverted Flam Tap, Triple Paradiddle, Pataflafla, and Single Dragadiddle, with very brief appearances of the Flam and Flam Tap.

Stickings and alternate stickings for Solo Number 4, measures 31-32 Below.

S. D.

Flam Accent # 2 Flam
 1 R R r L L 1 R r L L 1 R R r L
 1 R R r L L 1 R R r L L 1 R

Snare Drum Warm-Ups and Prep Exercises. A

Tempo Goals (where tempo tracking place holder is listed) "1/4 = _____," 1/4 = 60, 80, 100, 120 (and up).

Start with the basketball exercise, then exercises listed below.

1. Single Stroke Warm Up Exercises.

A 8 on a hand.

RRRRRRRR LLLLLLLL
1 e & a 2 e & a 3 e & a 4 e & a

B Single Stroke Roll. 1/4 = _____.

RLRLRLRL
1 e & a 2 e & a

C Single Stroke Roll as 1/8 note triplets. 1/4 = _____.

R L R L R L
1 trip let 2 trip let

2. Double Stroke Warm Up Exercises.

A Bounce exercise. (Double Tap ex.), 1/4 = _____.

RR L RR L RR L RR L Sticking #1
LL R LL R LL R LL R Sticking #2
1 e & a 2 e & a

B Single Strokes to Double Strokes ex. 1/4 = _____.

R L R L R L R L RR LL RR LL RR LL RR LL
1 e & a 2 e & a 1 e & a 2 e & a

3. Multiple Bounce Roll Prep and Warm Up Exercises.

A Multiple Bounce Roll Prep ex. A

Buzzzzzz Buzzzzzz
R L Sticking #1
L R Sticking #2

B Multiple Bounce Roll Prep ex. B

Buzzzz Buzzzz
R L Sticking #1
L R Sticking #2

C Multiple Bounce Roll Prep ex. C

Buzz Buzz Tap
R L R Sticking #1
L R L Sticking #2

D Multiple Bounce Roll Prep ex. D. (16 On A Press)

Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz
R R R R R R R R R R R R R R R R
L L L L L L L L L L L L L L L L

E Check And Roll - Multiple Bounce/Press Roll Prep ex. E. 1/4 = _____.

1 e & a 2 e & a 3 e & a 4 e & a Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz Buzz

4. Five Stroke Roll Prep and Warm Up Exercises.

A 5 Stroke Roll Prep ex. A. 1/4 = _____.
5 Stroke Rolls starting on the downbeats in the second measure.

R L R L R L RR LL R LL RR L
1 e & 2 e & 1 e & 2 e &

B 5 Stroke Roll Prep ex. B. 1/4 = _____.
5 Stroke Rolls starting on upbeats in the second measure.

R L R L R L R LL RR L RR LL
1 & a 2 & a 1 & a 2 & a

Snare Solo 2



1/4 = 64



1/4 = 92



1/4 = 110



1/4 = 120

Snare Drum

$\text{♩} = 100$

1 1 R L r r L R llrrllr L R r r L R 1 1 R L rllrll R

f

3 1 1 R L r r L R llrrllr L R r r L R 1 1 R L rllrll R

5 **mf** r r L 1 2 3 4 1 1 R r L L 1 R R r L 4 1 1 R 2 r r L 1 R R r L L 1 R L R r L R L 3 trip let 4 trip let

9 1 R r L 4 1 R R r L L 1 R R r L L 1 R 2 3 4 1 R R r L L 1 R L R r L R L 3 trip let 4 trip let

13 **f** R L R L R L R L R L 1 R R r L L 1 R L R L 1 R L R L R L R L R r L L 1 R R r L R L R r L 1 e & 2 e & 3 e & a 4 & 1 e & 2 e & 3 e & a 4 1 e & 2 e & 3 e & a 4 & 1 e & 2 e & 3 e & a 4

17 **p** R R R R R R R R L L L L L L L R R R R R R R R L L L L L 4

21 **f** rllrr L rllrr L rllrr L rllrr L R llr 1 R llr L R llr L R llr L R llr L R llr L R llr L R L 1 e & a 2 e & a 3 e & a 4 e & a 1 e & a 2 e & a 3 e & a 4 &

25 **mf** R LLRR L R RLL R L 1 R L R L 1 R LLRR L R RLL R LLRR L R r L R L R r L 1 R 1 2 &a 3 4 &a 1 & 2 e & a 3 4 &a 1 2 &a 3 4 &a 1 & 2 e & a 3 4

To Coda ⊕

Solo 3

Score



Dotted 1/4 = 50
1/4 = 90



Dotted 1/4 = 70
1/4 = 105



Dotted 1/4 = 80
1/4 = 120

Snare Drum

A ♩ = 50 - 80

B

f

1 1R 1 1R L R L rr l rr L R L R
1 2 trip let 3 4 5 trip let 6

1 1R 1 1R L R L rr L
1 2 trip let 3 4

1 1R 1 1R L rr L rr L R
1 2 3 4 5 6

1 1R 1 1R L rr L
1 2 3 4

9

C

1 1R 1 1R L rr L rr L R
1&2 & 3 4&5 & 6

1 1R 1 1R L rr L
1&2 & 3 4

R 1 1R L R R L L r L R L L R R
1 2 & 3 & 4 & 5 & 6 &

17

D

1 R L R R L L r L R L L R R
1 & 2 & 3 & 4 & 5 & 6 &

1 R L R R L L r L R L L R R
1 & 2 & 3 & 4 & 5 & 6 &

R R L L R R L L R R L R L R R L L R R L L R R L L r r l r r l R l l r r l l R
1 2 3 4 & 5 & 6 & 1 2 3 4 & 5 & 6 & 1 2 & 3 & 4 5 & 6 & 1 3 4 6

25

1 R L R r L R L l R L R r L R L r r l R l l r L
1 & 2 & 3 & 4 & 5 & 6 & 1& 2 3& 4

r r l R l l r L
1& 2 3& 4

29

R L R L R R L R L R L L r r l R l l r L
1 & 2 & 3 & 4 & 5 & 6 & 1& 2 3& 4

r r l R l l r L
1& 2 3& 4