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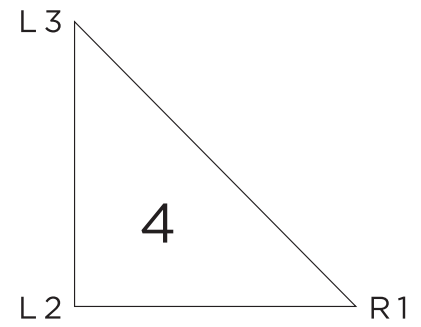
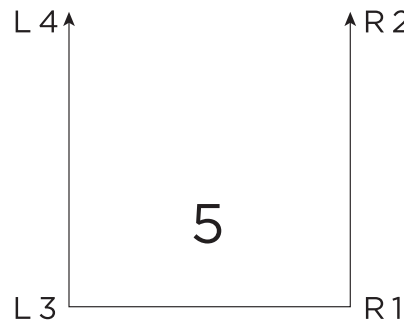
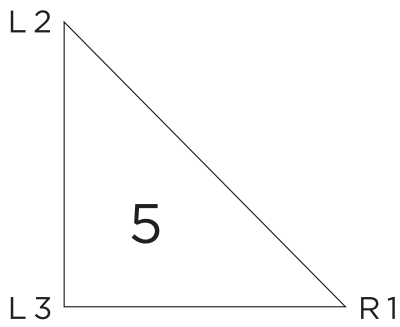
54 GEAR

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# DIAGRAMS



Here are some sample diagrams that can help you to visualize and feel accents within different sticking patterns. Watch the accompanying video for a clear explanation.



## Singles Exercise - no feet

1 R L R L R L R L R L R L R L R L

2 R L R L R L R L R L R L R L R L

3 R L R L R L R L R L R L R L

4 R L R L R L R L R L R L R L R L

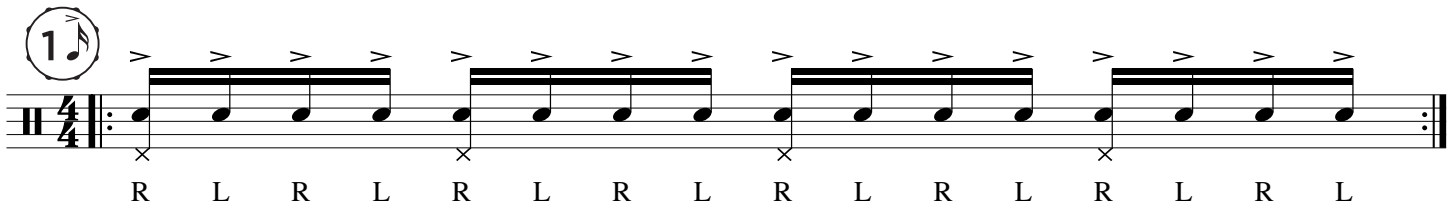
5 R L R L R L R L R L R L R L R L R L R L

6 R L R L R L R L R L R L R L R L R L R L R L

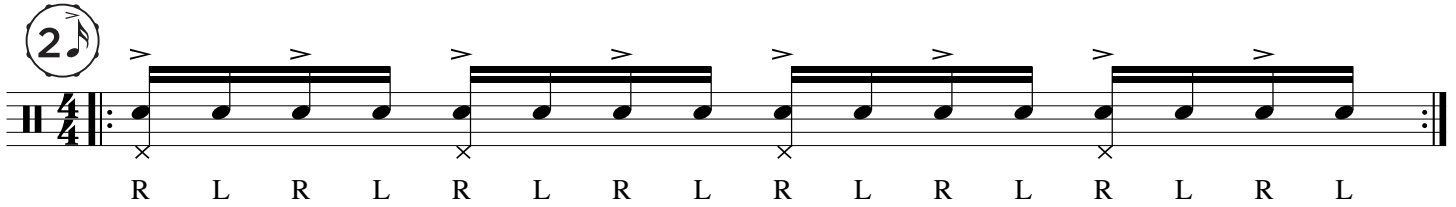
7 R L R L R L R L R L R L R L R L R L R L R L R L

8 R L R L R L R L R L R L R L R L

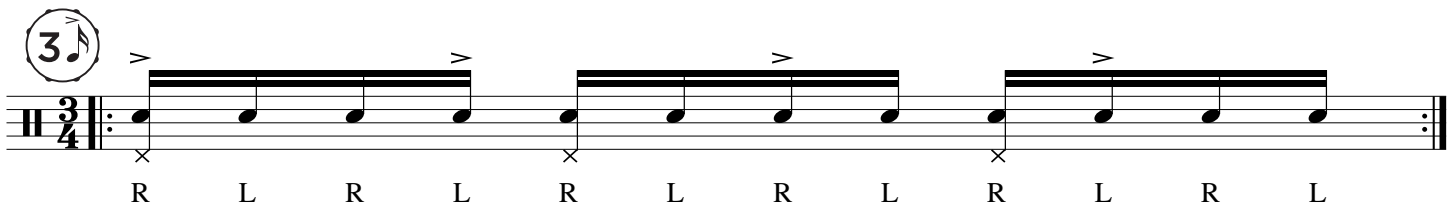
Singles Exercise - with hi-hat

1 

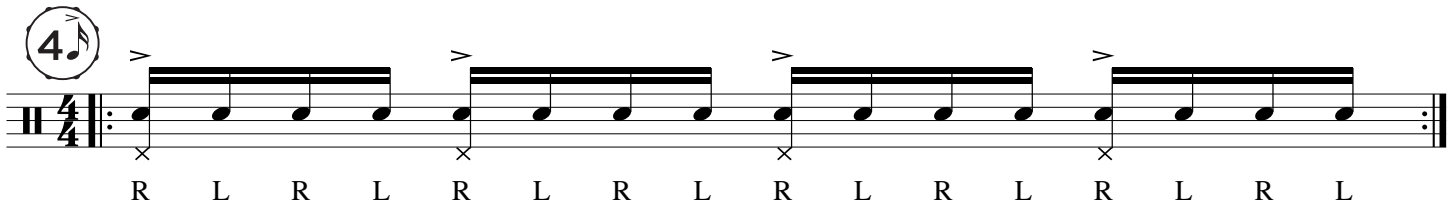
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2 

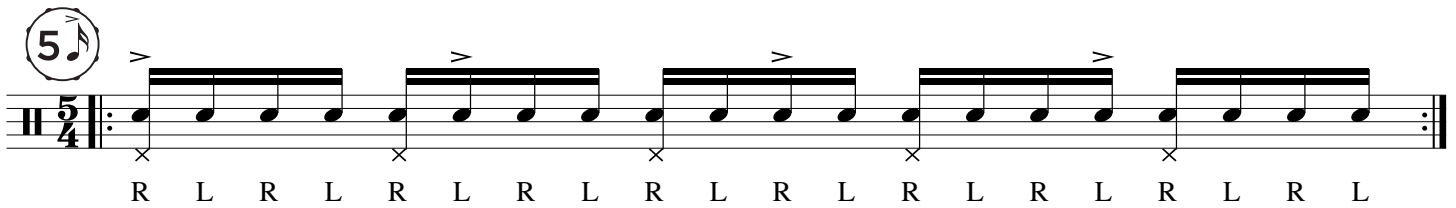
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3 

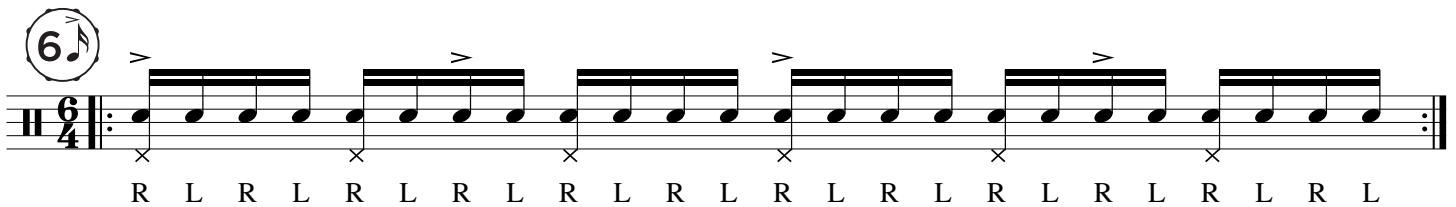
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4 

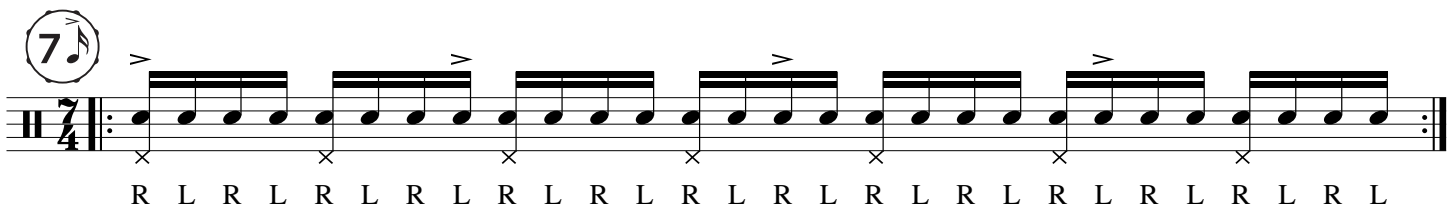
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5 

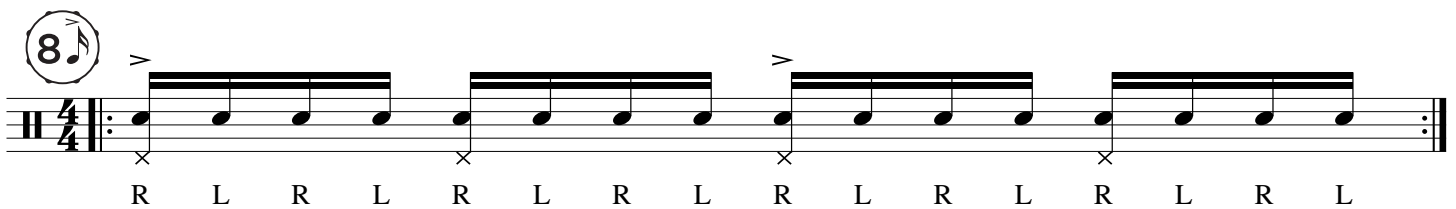
R L R L R L R L R L R L R L R L R L R L R L

6 

R L R L R L R L R L R L R L R L R L R L R L

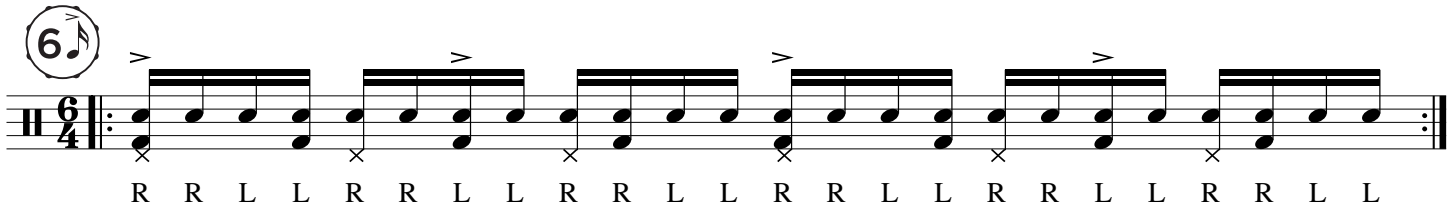
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R L R L R L R L R L R L R L R L R L R L R L R L

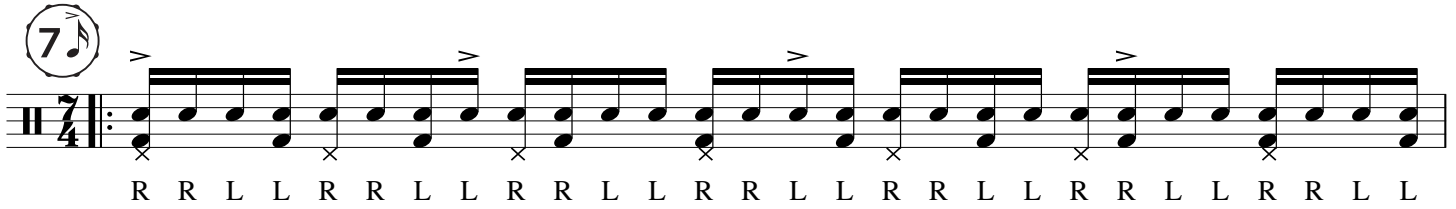
8 

R L R L R L R L R L R L R L R L R L

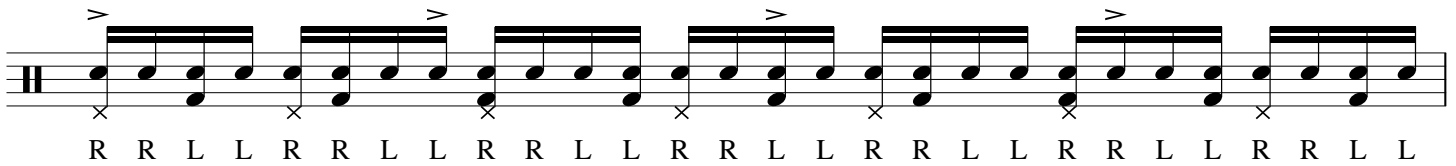
Doubles 4-3, page 2

6 

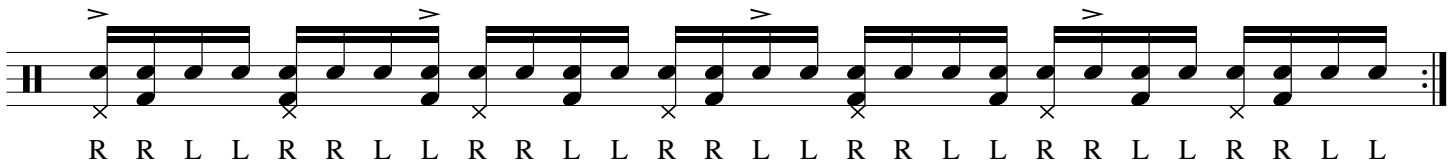
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7 

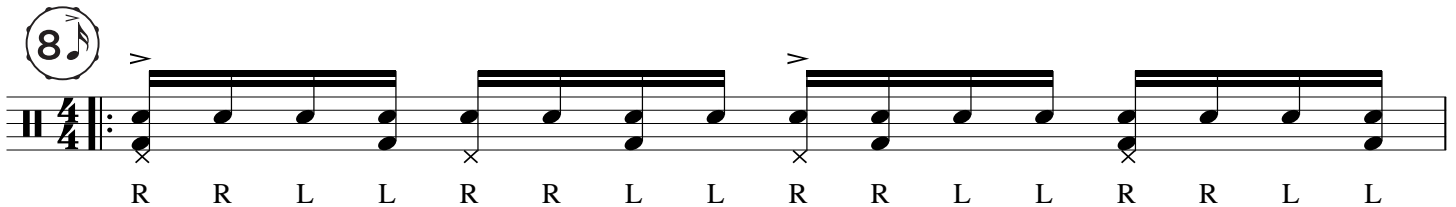
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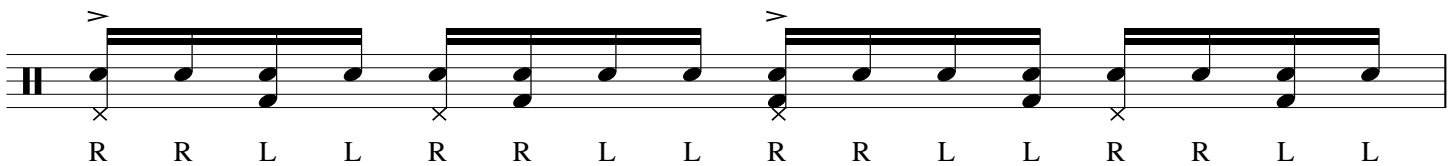
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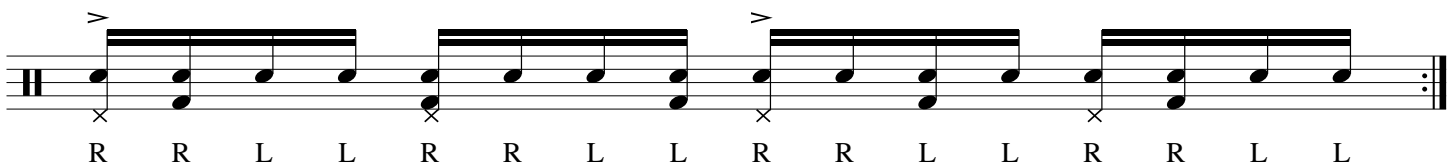
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8 

R R L L R R L L R R L L R R L L R R L L



R R L L R R L L R R L L R R L L R R L L



R R L L R R L L R R L L R R L L R R L L