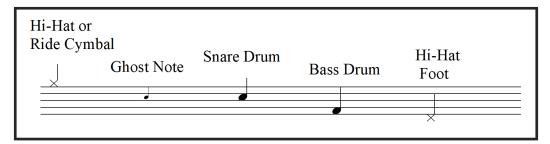
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### **DRUM NOTATION KEY**



### **DEDICATION**

I'd like to dedicate this book to two world-renowned drummers of modern times, Dom Famularo and Joe Bergamini. Thank you for your decades of friendship, guidance and inspiration, and for believing in this project and making it come to life. - Sam

# NOTE FROM THE AUTHOR

Time and groove are two of the most important elements for any professional drummer.

Over the many years of my career, I've spent an endless amount of hours working and developing my groove. Whether it was working on funk, rock, Latin, paradiddle, layered, or linear grooves, I felt that something was missing.

It wasn't my right hand or my bass drum, so I decided to focus on my left hand and tried to dissect what it was playing. My backbeats were strong, my ghost strokes were good, and my dynamics were good. It was very frustrating that it sounded great but I still felt that there was something missing.

I decided to play one-measure funk grooves and really focused on only changing what my left hand was playing to make the groove feel and sound different. I was intrigued with how the groove sounded different by adding in even just one left-hand 16th note and not changing my right hand or bass drum pattern. I kept experimenting with this concept for many years until one day it came to me. I changed the thought process on how I viewed my left hand. My left hand became a *lead hand* (snare drum only), not just a backbeat hand.

This new approach, for me, is what was missing. My grooves started feeling more alive. I kept exploring and experimenting with this concept for many more years, working on new exercises and different

left-hand patterns, but always maintaining the basic fundamentals to a great groove: dynamics, time, ghost strokes, accents, etc.

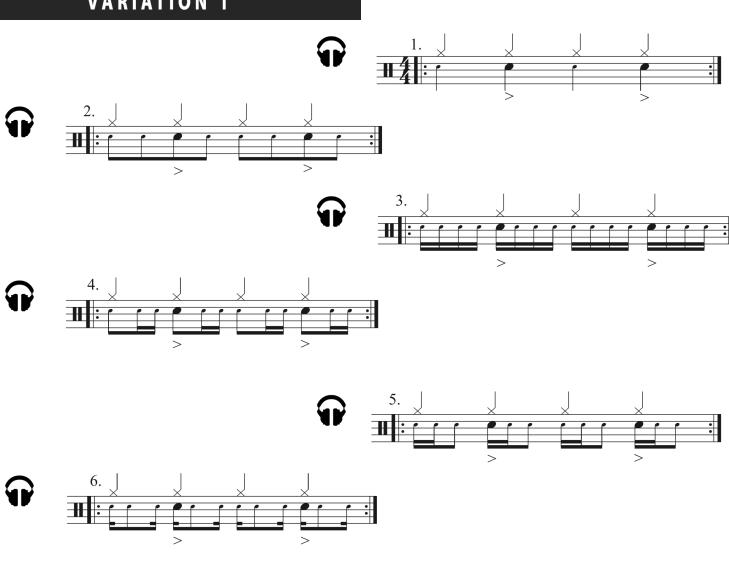
Advanced Groove Concepts presents this approach for you to discover the untapped potential in your grooves and your weaker hand. Enjoy!

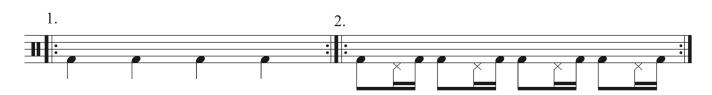
- Sam Aliano

Note: Throughout this book, I mention left and right hands to discuss weaker and stronger hands, respectively. Left-handed players should reverse the stickings.

### R-Hand Quarter Notes

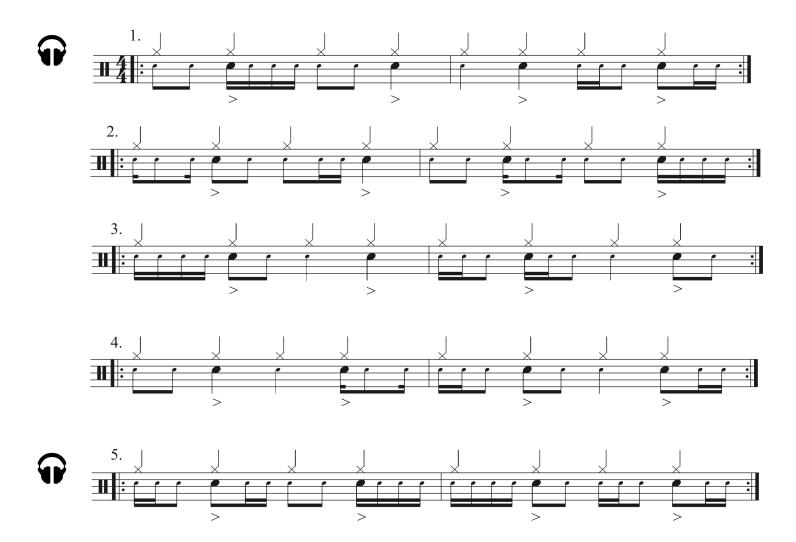
### **VARIATION 1**

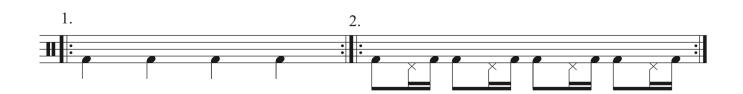




## 2-Measure Summary Grooves

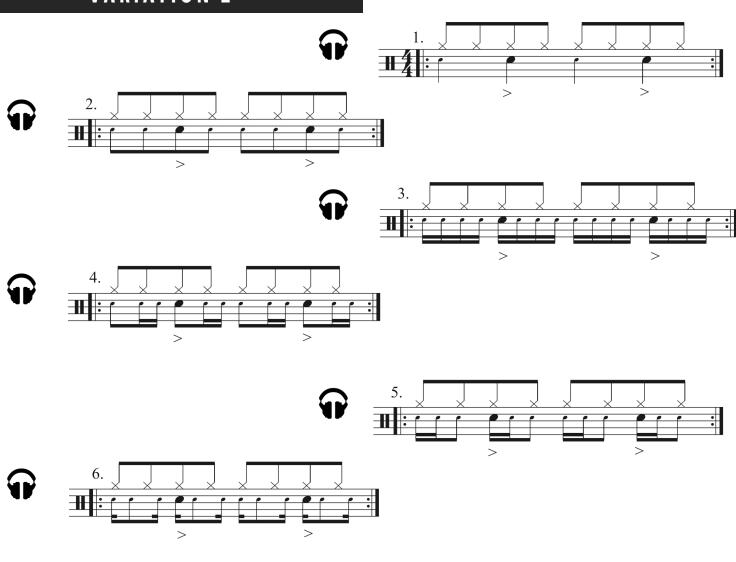
Play Accents on 2 and 4

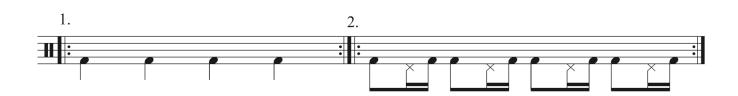




### R-Hand 8th Notes

### **VARIATION 2**





## 2-Measure Summary Grooves

Play Accents on 2 and 4



