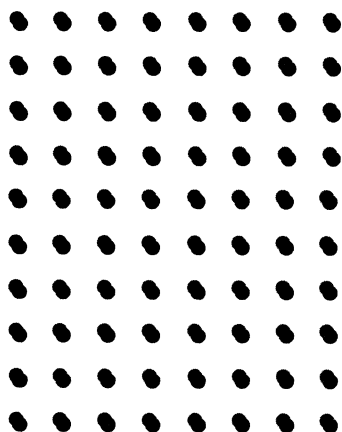


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INTRODUCTION

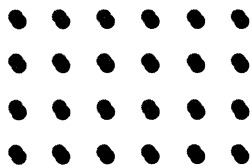
The materials contained in the **TECHNIQUE PATTERNS** book are designed to help students in developing a high degree of technical facility with the hands and feet. There are sections on finger control, single stroke — double stroke mixtures, combinations between the hands and feet, multiple note groupings (three or more per hand), as well as an extensive examination of sticking phrases in both the sixteenth note and triplet rates.

The preliminary finger and endurance exercises should be done first. The remaining sections can be worked on in any order, depending upon the individual student's particular needs.

Most of the examples are in the form of short exercises and are to be repeated many times. When initially working with a given exercise, use a moderate tempo setting. Once you become familiar with the materials that are involved, you can increase the rate to whatever level is feasible.

As a general rule, you should strive to play these materials with as much relaxation as possible. Try to keep your whole body as loose and as comfortable as you can, even when working in extreme situations.

Good luck, and have fun!



EXERCISES ON FINGER CONTROL

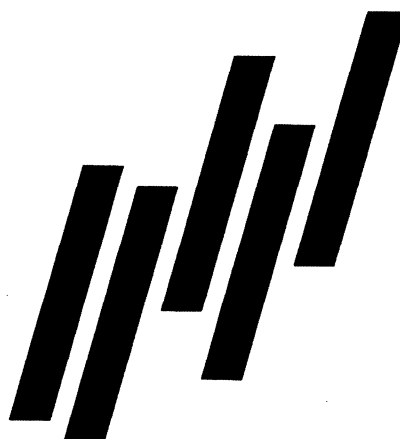
The exercises that follow deal with the use of the fingers and are broken down into three groups. The first group works on developing strength in the individual fingers. The second deals with the fingers in combination, while the third involves the fulcrum.

The use of the fingers can play an important part in your overall hand technique. They are especially valuable in helping to control many of the nuance issues involved in the use of different types of materials.

In most playing situations, the fingers are used collectively. The goal of these exercises is to help you develop a clear awareness of each of the fingers individually, so that when you do use them together, they will all be helping out.

When working with these materials, there are a few important points to keep in mind:

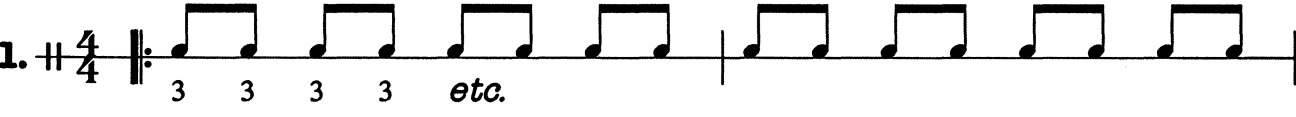
- a. Try to maintain your normal hand position when performing the exercises.
- b. When working with an individual finger, make sure that the other fingers are completely separate and are not touching one another or the stick.
- c. Try to get the feel of actually playing the notes with the individual fingers. If this is done correctly, there will be a minimum of wrist motion.





Group A - Exercises On Individual Fingers


These exercises work on developing strength in each of the fingers. Practice routine is as follows:


- a. Play each exercise through with one hand, then the other.
Repeat this sequence four times!
- b. After working with each exercise individually, try combining them into one continuous setting.
- c. Play first at a slow tempo. Later, increase the tempo setting.
- d. The numbers underneath the notes indicate which fingers are to be used. Remember to keep the unused fingers away from each other and the stick.


1. 4/4 





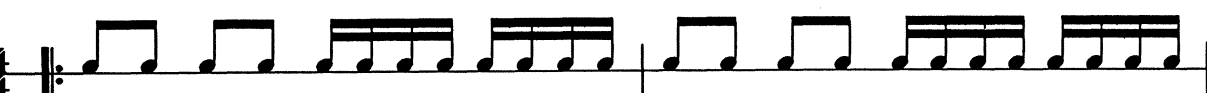
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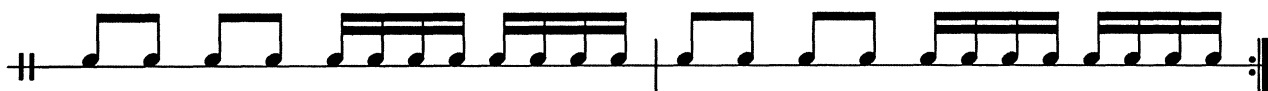




3. 4/4 ||: 
 3 3 3 3 3 3 3 3 3 3 *etc.*
 4 4 4 4 4 4 4 4 4 4
 5 5 5 5 5 5 5 5 5 5




4. 4/4 ||: 
 3 3 3 3 3 3 3 3 3 3 3 3 *etc.*
 4 4 4 4 4 4 4 4 4 4 4 4
 5 5 5 5 5 5 5 5 5 5 5 5



5. 4/4 ||: 
 3 3 3 3 3 3 3 3 3 3 3 3 *etc.*
 4 4 4 4 4 4 4 4 4 4 4 4
 5 5 5 5 5 5 5 5 5 5 5 5



6. 4/4 ||: 
 3 3 3 3 3 3 3 3 3 3 3 3 *etc.*
 4 4 4 4 4 4 4 4 4 4 4 4
 5 5 5 5 5 5 5 5 5 5 5 5

